

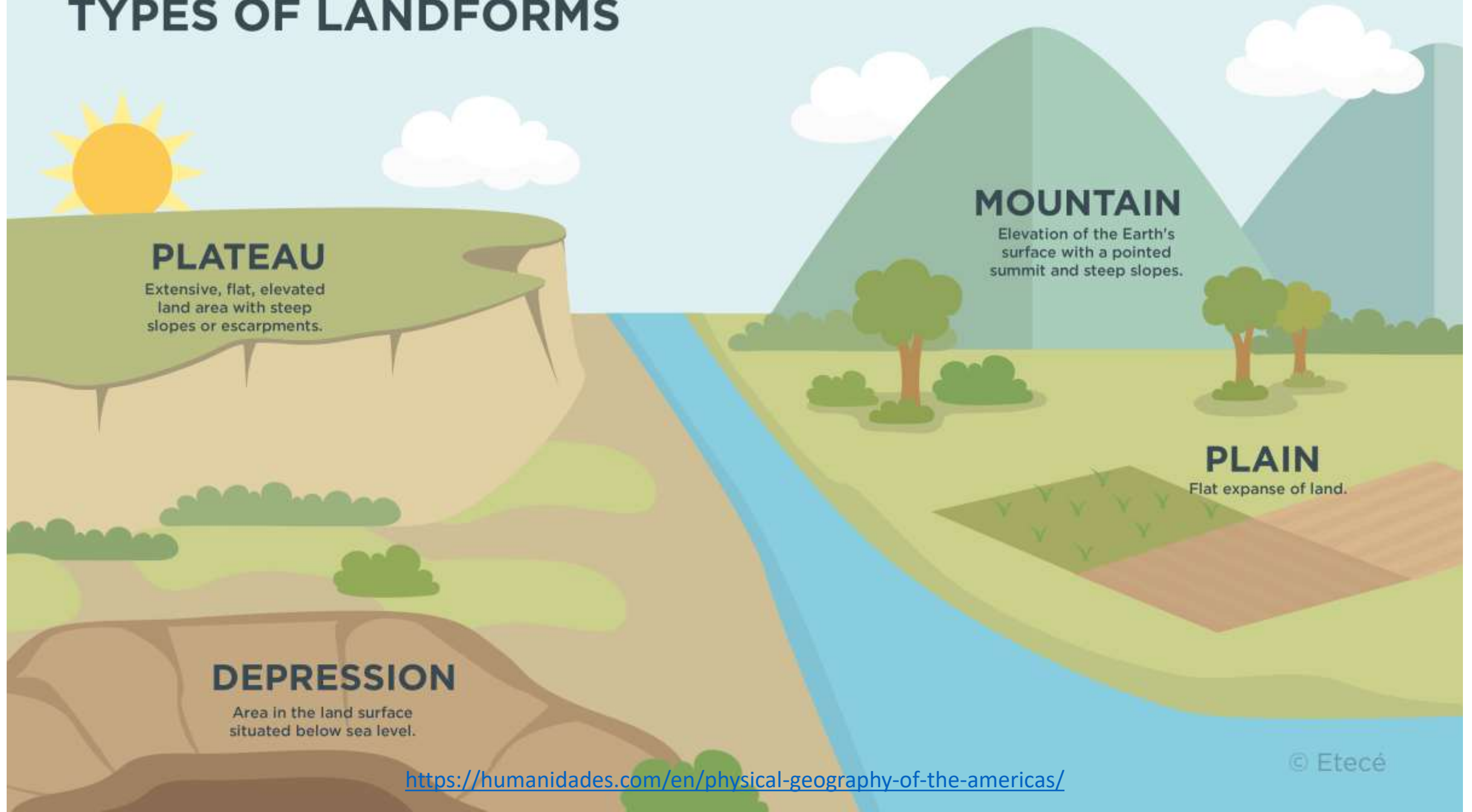
Where to and how?

MPA CPD

8 September 2025



TYPES OF LANDFORMS



PLATEAU

Extensive, flat, elevated land area with steep slopes or escarpments.

MOUNTAIN

Elevation of the Earth's surface with a pointed summit and steep slopes.

PLAIN

Flat expanse of land.

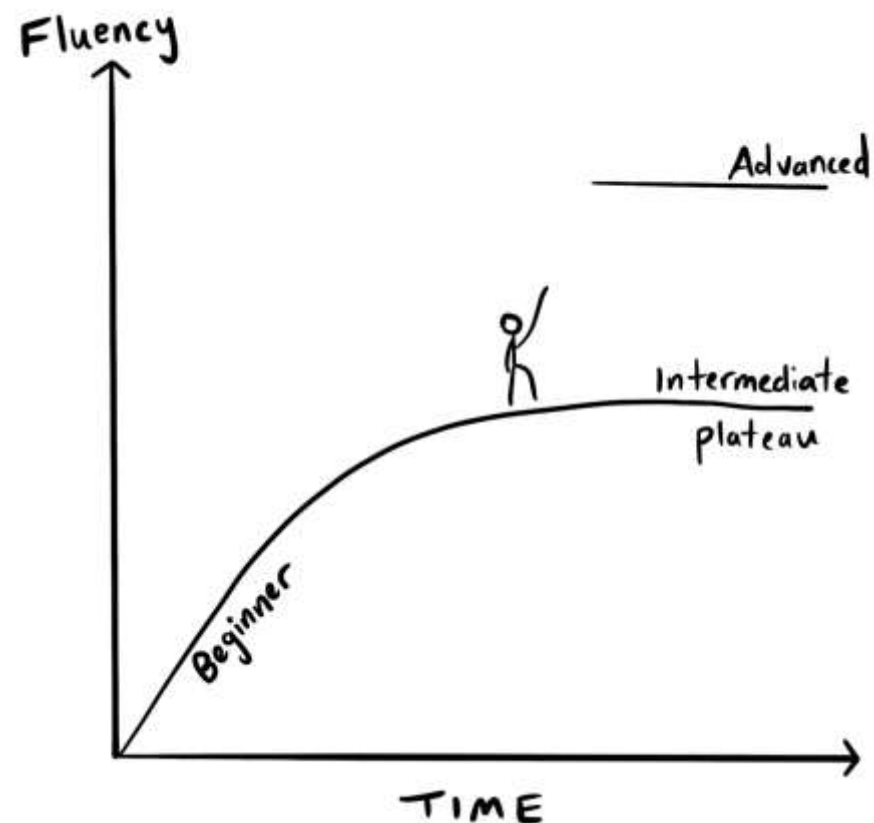
DEPRESSION

Area in the land surface situated below sea level.

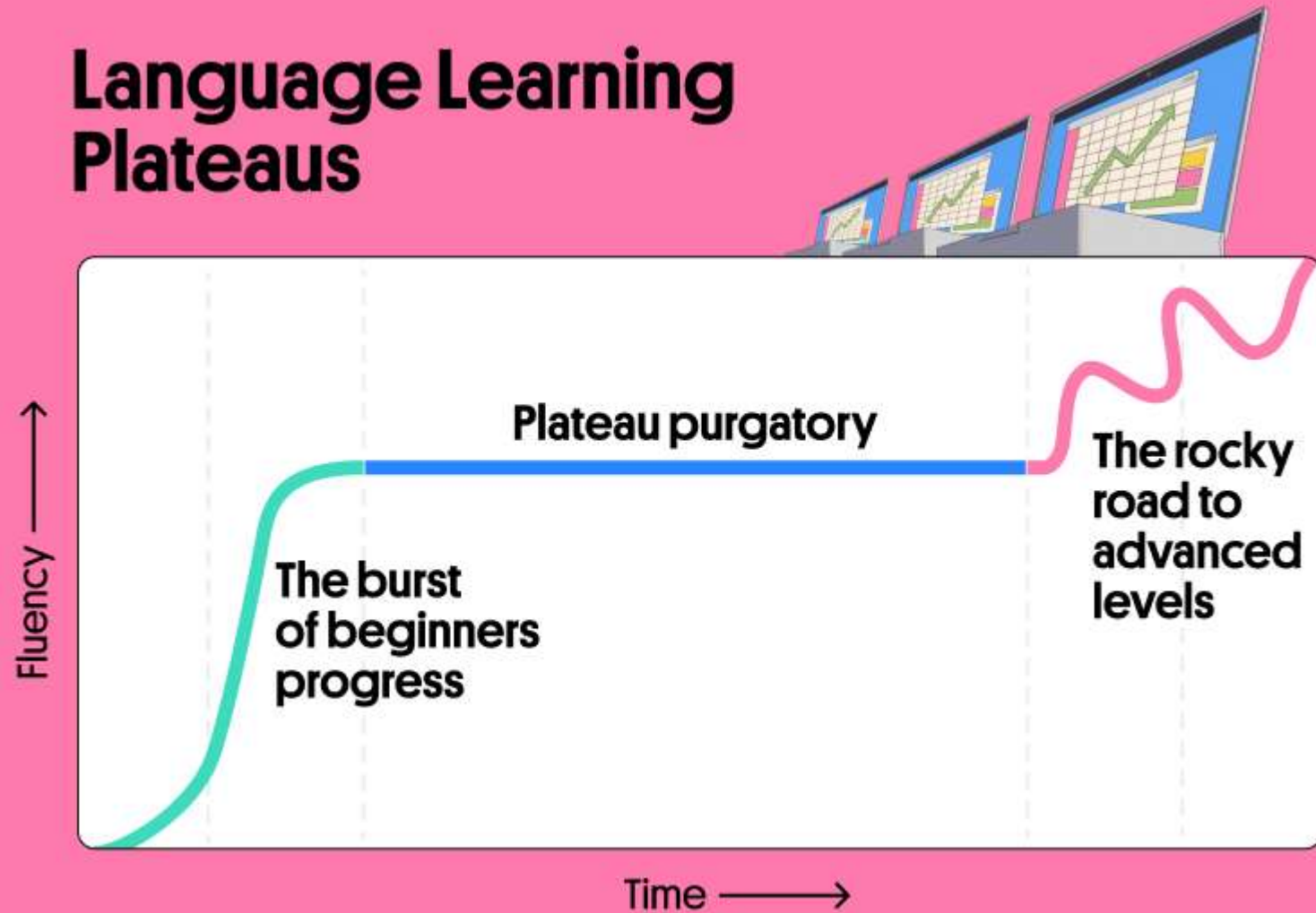


Are you feeling these regarding learning English?

- Lack of improvement
- Repetition of mistakes
- Decreased motivation
- Stagnant vocabulary
- Difficulty with comprehension
- Loss of confidence
- Frustration and questioning ability
- Feeling repetitive



Language Learning Plateaus



Language Learning Plateau

A large, three-dimensional, gold-colored graphic of the text '64%' is positioned on the left side of the slide. The characters are thick and have a metallic sheen, casting soft shadows on the white background.

- A learning plateau refers to a period in the learning process where progress appears to stall, and no further improvement is seen despite continued effort and practice.
- Approximately 64% of language learners report experiencing plateaus in their learning journey according to a survey by FluentU.



Learning Plateau and Overcoming It

Plateau

- Reaching the intermediate level
- Lack of challenging material
- Inadequate feedback
- Inconsistent study habits
- Lack of specific goals

Addressing it

- Set specific goals
- Explore different learning methods
- Seek feedback
- Focus on specific areas
- Find a language partner
- Enjoy the learning process

On Learning English






- What level of English would satisfy you? What learning goals do you have? Is it possible to learn to speak English like a native speaker does?
- When it comes to English, what are your strengths and weaknesses? Choose from vocabulary, grammar, fluency, pronunciation, reading, listening, writing, and knowledge of idioms. Which do you most want to improve?
- Have you taken any standardized English tests such as TOEIC, TOEFL, or IELTS? Do you want to study for these tests help you to improve your English?
- What study tips do you have for people who want to improve their English? What is the best way to improve quickly?





Thoughts on Your Previous Written Works

	Criteria	Issue(s)	Action point(s)
1	Task response and task achievement (relevance)	Off topic Essays	Read the instructions carefully.
2	Lexical resources (vocabulary) 	Not using the words from the reading and listening texts	Read and listen through the texts. Make notes of new expressions and use them.
3	Grammatical range and accuracy (grammar and structure)	Attempts to use complex structures! 	Extensive reading and listening. Do grammar exercises.
4	Cohesion and coherence (organization)	Not following the paragraph structure	Follow the paragraph structure.
	Others	Typos Margin Font size Names – REAL names without titles	Be more attentive! 

Where am I?

- **British Council English Score**
- Take the test. Send the result to Research and Development Department.
- rddept.mpa@gmail.com
- Here is the Test.
- <https://www.englishscore.com/>



A1 Beginner

Vocab level
approximating
700 words

Approximately
100 hours of
study

Use simple phrases for basic needs

A2 Pre-intermediate

Vocab level
approximating
1500 words

Approximately
180-200 hours
of study

Use the language for everyday activities

B1 Intermediate

Vocab level
approximating
2500 words

Approximately
350-400 hours
of study

Have simple conversations about familiar topics

B2 Upper-Intermediate

Vocab level
approximating
4000 words

Approximately
500-600 hours
of study

Communicate confidently about many topics

C1 Advanced

Vocab level
approximating
8000 words

Approximately
700-800 hours
of study

Express yourself fluently in any situation

C2 Mastery

Vocab level
approximating
1600 words

Approximately
1000-1200 hours
of study

Speak with complete mastery

<https://preply.com/en/blog/english-language-levels/>

Class Research

- **Your feedback is important.**
- Google Survey Form
- <https://shorturl.at/DDZWT>



Learning at Leisure



Listening


- Listen to Simon talking about how he learned several languages in a variety of different ways.
- <https://learnenglish.britishcouncil.org/general-english/audio-zone/learning-languages>
- Watch the video where Sophia shares three tips for learning a language that have helped her. Watch and then try them for yourself!
- <https://learnenglishteens.britishcouncil.org/study-break/youtubers/three-tips-learning-language>
- Watch the video “how to overcome your language learning plateau”. Make notes of the tips.
- <https://eslvideo.com/quiz.php?id=51340>

Reading

- Read the article “Can You Use ChatGPT To Learn a New Language?” Do you want to learn English with ChatGPT?
- <https://www.vice.com/en/article/can-you-use-chatgpt-to-learn-a-new-language/>

Vocabulary – Language

- <https://edubenchmark.com/blog/vocabulary-topic-languages/>

A scenic landscape featuring a range of mountains with patches of snow under a clear blue sky. In the foreground, there is a calm lake reflecting the surrounding greenery and mountains. The overall tone is peaceful and majestic.

I can't change the
direction of the wind,
but I can adjust my sails
to always reach my
destination.

Jimmy Dean

BrainyQuote®

